

Know the Facts About COVID-19

New Brunswick is one of the **safest jurisdictions** for **COVID-19**, so why do I need to keep taking precautions?

- After infection, it can take up to **14 days before COVID-19 symptoms appear** so we may not know about cases until they are already here.



- **Over half** of the people who have the virus have mild or no symptoms. You could be spreading the virus **without knowing it.**

- Many of our cases have been **travel-related**. Even if you haven't traveled, you may have interacted with someone who has.

Are masks actually effective against **COVID-19**?

- Public health officials across the globe have said that masks are effective.



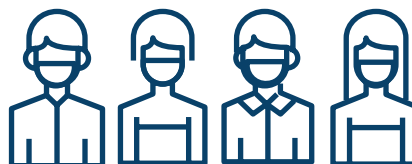
- **87% of New Brunswickers** believe that masks reduce the risk of COVID-19, **while 75%** support making masks mandatory in public places.



- **Masks are already mandatory** in four Canadian jurisdictions: Nova Scotia, Newfoundland and Labrador, Ontario, and Quebec.

I'm young and healthy so I'm not worried about catching **COVID-19**. Why should I take precautions or wear a mask?

- Young people can still get **very sick** from COVID-19. **It's important for all of us to wear a mask when in public, wash our hands for 20 seconds regularly, physically distance and get tested if we have symptoms.**



- Wearing a mask is more about **protecting others** than protecting yourself. Think of your vulnerable family, friends and neighbours.

- The World Health Organization (WHO) has said that **young people in their 20s, 30s and 40s** are driving the spread of the virus.